

Kingston Point Park Guided Snowshoe Program

Preschool through 8th Grade

Summary:

Students are encouraged to explore the winter environment through exploration on snowshoes

Objectives: The students will learn and understand the following concepts:

- History of Snowshoeing
- Animal Adaptations
- Animal Tracking
- Winter Survival
- Snowshoeing Techniques

NYS Learning Standards:

Health, Physical Education, and Family and Consumer Sciences

Standard 1 – Personal Health and Fitness

Standard 2 – A Safe and Healthy Environment

Standard 3 – Resource Management

MST - Standard 4 – The Living Environment

Activity:

This program is available December-March, snow-permitting. The program duration is half a day to a full day. Naturalists will teach the group basic snowshoeing techniques and the history of snowshoes. Educators will lead children on a snowshoe hike of the Kingston Point area through different ecosystems: River, Wetland, and Upland Forest. The group will also search for wildlife through animal track and animal sign exploration and different habitats.

Snowshoes are available through the Forsyth Nature Center or through the school district.

Contact:

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